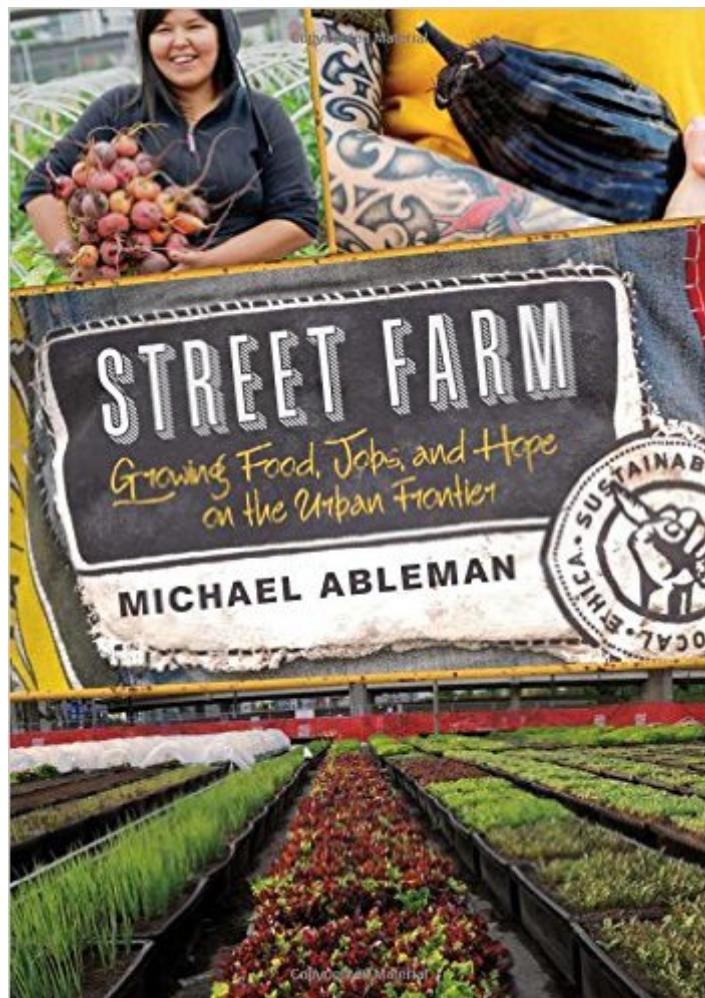


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# Street Farm: Growing Food, Jobs, And Hope On The Urban Frontier



## Synopsis

Street FarmÂ is the inspirational account of residents in the notorious Low Track in Vancouver, British ColumbiaÂ •one of the worst urban slums in North AmericaÂ •who joined together to create an urban farm as a means of addressing the chronic problems in their neighborhood. It is a story of recovery, of land and food, of people, and of the power of farming and nourishing others as a way to heal our world and ourselves. During the past seven years, Sole Food Street FarmsÂ •now North AmericaÂ ™s largest urban farm projectÂ •has transformed acres of vacant and contaminated urban land into street farms that grow artisan-quality fruits and vegetables. By providing jobs, agricultural training, and inclusion in a community of farmers and food lovers, the Sole Food project has empowered dozens of individuals with limited resources who are managing addiction and chronic mental health problems. Sole FoodÂ ™s mission is to encourage small farms in every urban neighborhood so that good food can be accessible to all, and to do so in a manner that allows everyone to participate in the process. In Street Farm, author-photographer-farmer Michael Ableman chronicles the challenges, growth, and success of this groundbreaking project and presents compelling portraits of the neighborhood residents-turned-farmers whose lives have been touched by it. Throughout, he also weaves his philosophy and insights about food and farming, as well as the fundamentals that are the underpinnings of success for both rural farms and urban farms. Street Farm will inspire individuals and communities everywhere by providing a clear vision for combining innovative farming methods with concrete social goals, all of which aim to create healthier and more resilient communities.

## Book Information

Paperback: 256 pages

Publisher: Chelsea Green Publishing (August 9, 2016)

Language: English

ISBN-10: 1603586024

ISBN-13: 978-1603586023

Product Dimensions: 6.9 x 0.6 x 9.8 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 starsÂ See all reviewsÂ (1 customer review)

Best Sellers Rank: #376,374 in Books (See Top 100 in Books) #3 inÂ Books > Crafts, Hobbies & Home > Gardening & Landscape Design > By Region > Canada #37 inÂ Books > Politics & Social Sciences > Politics & Government > International & World Politics > Canadian #45 inÂ Books >

## Customer Reviews

This book reveals the deep connection we all have to nature and to meaningful work and the power of both to redeem our lives. It reads almost like a mystery, keeping us in suspense as Ableman and his fellow farmers encounter never ending challenges that many times appear to be insurmountable. Told with engaging prose and evocative photographs Ableman's story is one of recovering the undying beauty and dignity of humanity in a place where all hope was lost.

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